



Services For You.

MAKING A DIFFERENCE AT HOME



Introduction

We all need help at particular times in our lives. Whether young or old it is becoming more and more difficult to rely on the people around us to fully support those needs.

You and your goals are our focus. It is relatively straightforward for Blue Ribbon to support you in meeting simple daily tasks, such as washing, dressing and eating but there is much more to life than the everyday routine. How about going out to the shops or for a cup of tea with friends or relatives? What about that film or exhibition you've been meaning to see?

Blue Ribbon was created because we know how to support you in fulfilling those needs while all the time promoting your safety and dignity and enabling you to live the life you always have done.

The experiences at Blue Ribbon are wide ranging and the chances are we have worked with people who are in a similar position to you.

Your needs and aspirations are at the centre of everything we do and this approach has helped us earn a quality assured reputation within the communities that we support.

Don't just take our word for it!

***“ They take me shopping rather than do the shopping for me and this is much more enjoyable and sociable.
Mrs J***

***“ Very helpful and a wonderful service. I would be lost without this help. My care worker is very helpful and friendly.
Mr H***





Care & Support

Our aim is to provide you with the extra care or support you need so that you may continue to lead the life you always have.

All our carefully recruited staff are criminal record checked with the Disclosure and Barring Service (DBS) for your peace of mind.

Care & Support is the most popular of our services allowing you to select the time of day and length of visit to suit you.

Personal Care

- Assisting you with getting in and out of bed.
- Assisting you with dressing and undressing.
- Assisting with eating and drinking and the preparation of fresh, nutritious food.
- Assisting with personal hygiene including; washing, oral care, showering and bathing.
- Assistance with managing continence.
- Assisting with your medication, including collection of prescriptions.

Household Tasks

- Preparing fresh, nutritious meals or light snacks.
- Taking you to the supermarket to get your weekly shop. Housework including; polishing laundry and ironing.

We also provide for

- Direct payments and personal budget support.
- Rehabilitation - Occupational therapy, physiotherapy and speech therapy support.
- Respite care - sleep ins, sitting calls.
- Assistance with attending appointments.
- Accessing the community e.g. visiting friends, places of interest, college etc.





Live-In & Companionship

The Live-in service, which is a realistic alternative to residential care, places the Care Worker in your home for continuous support.

Live-in care allows you to both continue living in your own home and enjoy your local community, with the peace of mind that all of your care needs are being taken care of. You can carry on enjoying life with our full professional support and assistance 365 days of the year.

We Provide

- Criminal record (DBS) checked and referenced staff
- Easily recognisable uniformed staff with ID
- £10m Public Liability Insurance
- Comprehensively trained Care Workers
- Invoiced service so you don't have to worry about paying cash

The Live-In Service Comprises

- Incorporation of all other services listed
- Care & Support and Clean & Assist
- Either 10 or 12 hours of contact time each day
- Greater continuity of care worker

Benefits of the Service Include

- Complete control, choice and flexibility of your care
- A healthier lifestyle, security and well being
- Full professional care and support
- Greater independence through confidence
- Accessing the community - getting out and about



Clean & Assist

Supplying you with a domestic cleaning service with a twist.

We can assist you at home with cleaning but also help with shopping, cooking and even a spot of DIY should you require a little more help.

We pride ourselves on providing the highest standards of service in whatever we do. This service is available 8am to 6pm Monday to Saturday.

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Domestic Cleaning Services

- All rooms of your home cleaned
- Cleaning/polishing/dusting/vacuuming
- Basic oven cleaning/carpet cleaning
- Laundry and ironing service
- Spring clean/One off clean

Other Services Include

- Cooking - fresh, nutritious meals from scratch or heating ready made meals
- Shopping/day trips/escorting to appointments
- Handyman services/DIY
- Coal fire building service
- Pet exercising and sitting service





What Next?

If you're interested in using our services please follow these 7 simple steps:

- 1** The first step in the process is for you or a friend/family member to contact us to arrange an assessment of your care needs.
- 2** We meet to discuss your options, answer your questions and carry out an assessment of your needs.
- 3** You agree to go ahead and instruct us as your care provider.
- 4** We specially recruit, train and directly employ a care worker that suits your preferences.
- 5** We introduce you to your care worker and carry out a full handover.
- 6** Your care begins at a date that suits you.
- 7** We carry out regular visits to monitor the quality and effectiveness of the service.

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Blue Ribbon
COMMUNITY CARE

0800 689 0148

www.blueribboncare.org.uk