



# A guide to hourly home care.

MAKING A DIFFERENCE AT HOME

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# About Blue Ribbon

Blue Ribbon is an award winning independent health and social care provider specialising in home care support services, including Live-in Care, hourly home care and domestic services to people in the comfort of their own homes.

We recognise the difficulties that people in need of care and support can sometimes face and we are committed to providing services which do not compromise one's independence. Ultimately, our objective is to help you continue to lead your life the way you always have.

Our mission is to provide all our services with absolute quality and safety by valuing our workforce, so they can involve the people who use our services to ensure they are able to maintain a comfortable level of independence.







# Making a difference at home

Whether it is assistance with day-to-day living or support for people with disabilities or health related illnesses including Dementia, there could be any number of reasons why you are considering Blue Ribbon in your home. Our goal is to provide a service that meets your needs and expectations and also promotes your independence.

## Typical examples include:

- Short term respite care
- Convalescence care after a hospital stay
- Companionship care, preparing meals and help with everyday tasks
- Home care from 30 minutes a day to overnight care and even 24 hour Live-in Care

Many of our clients start with a little help which increases as your needs change.

That is the beauty of the Blue Ribbon service. We are completely flexible to your needs and will find solutions to help you live as independently as possible in your own home.

This is all possible because of the committed local Blue Ribbon Care Workers we employ and train.

It is because of our fantastic Care Workers we receive daily testimonials from our customers that have helped us become one of the most reputable Home Care Providers in the UK.



# Meet George

George's daughter Lesley contacted us after her newly widowed father suffered a series of falls and was admitted to hospital.

Becoming increasingly frail, George was heavily reliant on his daughter.

Lesley wanted George to be able to return home, but could not care for him herself, so she contacted Blue Ribbon. Within days, we had met them both, and had agreed a plan of visits, which would allow George to leave hospital for home, and stay independent.

He now has a team of regular Care Workers who help him at the start and end of each day. They see that he is eating properly and give him the confidence to be outdoors, enjoying his cherished garden.

**“ I cannot praise dad's Carers highly enough. From coming home from hospital through to understanding what he might need next, they are my eyes and ears – a real peace of mind which is priceless. ”**





Meet



# Joanne

Joanne, one of our Care Workers explains why she chose to care:

"As a mum of two, the only care experience I had was looking after my mum who had cancer. I'd never heard of people being employed to go into someone's home and help but it makes complete sense and I now help people with all sorts of things including domestic tasks and personal care.

I love helping people maintain their independence and take charge of their own care, especially the elderly. Although I am there to physically help, I love to have a good chat with my customers and we soon become friends.

I've been a Blue Ribbon Carer now for 6 years and I can genuinely say it's the most rewarding job I have ever done."

**" I've met some amazing people and have heard a lifetime of stories. I really do feel privileged to be a Carer. I get out of bed in the morning and make a difference to people's lives. "**









# Everyone's needs are different

and our Care Workers can offer support in numerous ways. You may have specific health care needs or need assistance to allow you to enjoy your social life to the fullest.

## Examples of some of the ways in which we can help are:

- General housework, laundry and preparing meals
- Errands such as shopping, collecting pensions and prescriptions
- Administrative help including letter writing and phone calls
- Help getting out and about and visiting friends or going on trips out
- Offering companionship, simple activities that make a difference such as reading, chatting and listening
- A sitting service; providing brief relief for an existing care-giver
- Specialist care for people living with specific conditions, such as Dementia.

## Personal care services include, but are not limited to:

- Support with getting up in the morning – washing and dressing, personal care, bathing and showering
- Support with going to bed in the evening
- Overnight stays where necessary
- Support with medicines
- Support with continence care
- Respite support for a main carer via our sitting service.

A stylized blue graphic on the left side of the image, consisting of a circular head and a thick, angular arm extending towards the center.

Training  
**your care  
team.**




We are incredibly proud of our Professional Care Workers. We are a family run business and each person that joins our team is not only specifically selected for their unique skills but also must embrace the Blue Ribbon exemplary standards and be perfect ambassadors for care.

To become a Blue Ribbon Care Worker an intensive training course must be undertaken and completed.

The training is held locally, where potential recruits are continually assessed, monitored and interviewed by our recruitment team.

Our training has been developed by our Managing Director who has a Post Graduate Certificate in Professional Education (PGCert). We are proud to say that our professional training programmes exceed the basic requirements set by Skills for Care.





For more information about **Live-in Care** and to receive a free copy of our brochure please call us on

**0800 689 0148**

or visit

**[www.blueribboncare.org.uk/contact-us/  
request-a-brochure](http://www.blueribboncare.org.uk/contact-us/request-a-brochure)**

One of our Customer Service team will be happy to talk you through the Live-in Care service.



# Live-in Care

At Blue Ribbon we understand that care needs change. Should you find yourself considering more permanent long-term or respite care then there is a proven and established alternative to a residential care home or sheltered accommodation that we can offer – This is known as Live-in Care.

Blue Ribbon has been providing Live-in Care for more than 12 years and has become one of the most reputable home care providers in the UK.

Live-in Care works because it provides peace of mind, knowing that someone is there for you, whatever the time of day. In addition there is none of the disruption or confusion that often comes with a move to an unfamiliar environment and the new care and support received is incomparable.

## **Your Live-in Care Worker is on hand to help with:**

- Maintaining independence in your own home
- Spending quality time with their companion, chatting and keeping you company
- Giving peace of mind with increased safety and security
- Overseeing medication and specific procedures
- Personal care such as toileting and bathing
- Eventually providing end-of-life care in the comfort of your own home.

# What's next?

Now that you have received our hourly care brochure, the next step is a no obligation assessment visit by one of our team. During this meeting we can answer any questions, discuss our service, ascertain the level of assistance required and what outcomes you would like to achieve from having a Blue Ribbon Care Worker.

This meeting will allow us to start preparing an individual care and support plan. This will document all needs, from support with medicines to mobility issues and preferred routines, that meets your exact requirements and expectations.

## Need more information on Home Care from Blue Ribbon?

We hope this guide on Hourly Home Care from Blue Ribbon has provided you with the information you required to determine whether or not you would benefit from Home Care?

For a broad overview of costs, to book an assessment or to ask any other questions, please call us for on

**0800 689 0148**

One of our Customer Service team will be happy to talk you through the next steps.







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**Blue Ribbon**  
COMMUNITY CARE

**0800 689 0148**

**[www.blueribboncare.org.uk](http://www.blueribboncare.org.uk)**